



WELCOME 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		January 2020	(1) C L O S E D Happy New Year	(2) 3:30 Arrival, bathroom, 4:30 pm. individual work (goal). 5:00 pm (Group – Arts and crafts activity) 5:45 calisthenics exercise Play/ games (Bocce) Game: Robot/Magic Ball (Art and Craft)	(3) 3:30 Arrival, bathroom, 4:15 pm. individual work (goal). Recreation center	(4) Swimming MLK 2:00 - 6:00 Be on time.
(5) Indoor games (CHOICES) Ping-pong, Air Hocking, bean bag, racing eggs game, sack race or gunny sack race game, musical chairs game	(6) 3:30 pm Arrival, bathroom, snack. 4:30 pm individual (goal) 5:15pm Gross motor activity (air hockey activity, bean bag play, bocce.	(7) 3:30 PM Arrival, bathroom , snack4:30 pm. individual work (goal). 5:15 pm – Calisthenics Exercise Bocce game. 5:45 interactive Play/ games ARTS AND CRAFTS	(8) 3:30 pm - Arrival, bathroom, snack. 4:30 pm- 4:55 working on goals. 5:00 to 6:10 Movie time. 6:11 Tech will guide/teach students to Clean the Center (vacuum, kitchen, bathroom)	(9) 3:30 PM Arrival, bathroom , snack 4:30 pm- 5:15pm individual work (goal). 5:15pm Gross motor activity (air hockey activity, bean bag play, and Bocce	(10) 3:30 Arrival, bathroom, 4:15 pm. individual work (goal). 4:15 Zumba and Music	(11) College Park Aviation
(12) Indoor games (CHOICES) Ping-pong, Air Hocking, bean bag, racing eggs game, sack race or gunny sack race game, musical chairs game	(13) 3:30 PM Arrival, bathroom , snack 4:30 pm- 5:15pm individual work (goal). 5:00 Making Arts & Crafts – 5:30 -6:30 Gross Motor	(14) 3:30 Arrival, bathroom, snack. 4:30pm individual (goal) 5:00pm Group games 5:15 pm – Calisthenics Exercise Bocce game. 5:45 interactive Play/ games ARTS AND CRAFTS	(15) Arrival, bathroom , snack 4:30 pm- 5:00pm Working on individual goals. 5:00 - 6:14 – Recreation Center 6:15 clean up time	(16) Indoor games (CHOICES) Ping-pong, Air Hocking, bean bag, racing eggs game, sack race or gunny sack race game, musical chairs.	3:30 PM Arrival, bathroom, 4:30 pm. individual work (goal). 5:00 pm (Group – Arts and crafts activity) 5:45 calisthenics exercise Play/ games (Bocce)	(18) Mt Rainier Nature & Recreation 8:30 to 5:00 4701 31st pl Mt Rainier 20712

(19) Indoor games (CHOICES) Ping-pong, Air Hocking, bean bag, racing eggs game, sack race or gunny sack race game, musical chairs game	(20) Swimming At Martin Luther King	(21) 3:30 PM Arrival, bathroom, snack 4:00 – 4:45 individual goals. 5:00 -6:00 MUSIC & MOVEMENT	(22) Arrival, bathroom, snack. 4:30pm individual (goal) 5:00pm Group games (double 12 dominoes, connect 4, UNO) Game: KFM /Magic Ball (Art and Craft 6:10 –Clean up time	(23) *Arts & Crafts *Indoor Games *Movie day *Games	(24)3:30 pm Arrival, bathroom, snack. 4:15 Zumba and Music	(24) Bowling White Oak
(25) Indoor games (CHOICES) Ping-pong, Air Hocking, bean bag, racing eggs game, sack race or gunny sack race game, musical chairs game MUSIC & MOVEMENT	(26)3:30 pm Arrival, bathroom, snack. 4:30 pm individual (goal) 5:15pm Gross motor activity (air hockey activity, bean bag play, bocce. MUSIC & MOVEMENT	(27) 3:30 PM Arrival, bathroom, snack National Museum and Natural History	(28) Arrival, bathroom, snack. 4:30 pm individual (goal) 5:15pm Gross motor activity (air hockey activity, bean bag play, bocce. MUSIC & MOVEMENT	(29) Indoor games (CHOICES) Ping-pong, Air Hocking, bean bag, racing eggs game, sack race or gunny sack race game,	(30)3:30 PM Arrival, bathroom, snack4:30 pm. individual work (goal). 5:15 pm – Calisthenics Exercise Bocce game. 5:45 interactive Play/ games ARTS AND CRAFTS	(31) Visiting Shopping center or Mall. Life Skills. Decision making which brand or item to buy, comparing prices, looking at price tags. Guide them to match clothes to wear.

Group play/Game: Ball

Skills: Eye contact, focus/attention, motor skill, communication, following direction – socialization.



1. Kung Fu Master
2. Boom Box
3. Magic Ball
4. Robot
5. Name game

NOTE: 6:30 pm to 7:00 pm – Departure time.

- 1.Outings and activities are subject to changed based on weather, attendance, and children’s needs.
- 2.Community outing to fast food restaurant; please send money with your child to participate in this socializing activity.

